**Zimbabwe Network for Health (ZimHealth)-Europe**

**Annual Report**

**2018**

Foreword

Greetings to the Zimhealth members, friends and supporters. Having been Chairman of Zimhealth for 2018, I would like to express my sincere gratitude for the sterling work and commitment shown by the Zimhealth community in sustaining Zimhealth activities throughout 2018. It is amazing and appreciable to note how members freely gave their time, skills and financial support to ensure the organization retained its capacity to pursue the desired goal of uplifting the standards of healthcare in Zimbabwe.

Over the past 10 years, more than 30 projects have been supported by Zimhealth with five projects receiving various types of equipment as part of our 2018 projects. The five projects are, Kana Mission Hospital, Zhombe Mission Hospital, Makonde Mission Hospital, Karanda Mission Hospital and St Patricks Hospital (Hwange). I commend the team for the hard work and plans are afoot to continue to identify more projects and solicit funding for support for 2019 going forward.

Raising awareness to the Zimbabweans about the existence of Zimhealth and the need to support its cause was critical in 2018. In pursuance of this agenda, an all-out outreach program by the publicity and resource mobilisation team was embarked on. This included calling on Zimbabweans in the diaspora to subscribe and become full members of the association. This turned out to be a huge success. Monitoring and evaluation remained critical and 2018 saw the enhanced implementation of the project monitoring and evaluation tools. This activity helps us gather the much needed information to assess the impact of our support.

As we conclude the 2018 -2019 operational year, we pay tribute to our erstwhile Zimhealth Ambassador, Dr Oliver Mtukudzi who passed on in January 2019 for his important role in Zimhealth. He supported Zimhealth fundraising efforts hosting two successful shows in Geneva. We will, forever, sadly miss him. Also supporting us were Daniel Low Beer and Albert Nyathi who have consistently worked in support of us globally. I also wish to acknowledge our valuable working relationship with OAK Foundation, as they consistently financially support our goals. The coordinating and advisory role played by the Zimbabwe Association of Church related Hospitals (ZACH), Ministry of Health and Child Care and local authorities in facilitating ease of movement of equipment to the target population is also worth noting.

In Zimhealth, we strongly believe in harnessing the efforts of all Zimbabweans and our friends domiciled in Europe and beyond in order to keep Zimhealth alive and continue to support the improvement of provision of health care in the various health institutions of Zimbabwe.

This report highlights our achievements and misses for the past year. Thank you for taking your time to learn more about who we are, what we do and what motivates us. Your support means a lot to us.

Ngonidzashe Hove

Chairperson – ZimHealth, 2018

# Introduction

The Zimbabwe Network for Health (ZimHealth) is a non-profit organization registered in Geneva, Switzerland founded by Zimbabweans and friends of Zimbabwe in 2008. Membership is mainly across mainland Europe and the United Kingdom.

The objectives of ZimHealth are to

* Inform, educate and communicate the status and needs of the Zimbabwe public health delivery system to all Zimbabweans in Switzerland and the rest of Europe.
* Raise funds and other support from individuals in Switzerland and the rest of Europe and from private corporations and international, multi-lateral and bilateral agencies.
* Distribute equitably funds and materials to health services in all provinces and districts of Zimbabwe, as far as resources allow.

The ZimHealth 2016 – 2020 Strategic Plan outlines the following intervention areas as key priorities for the organization during this five-year period;

* Advocacy, communication, and catalysing support for Zimbabwe public health system.
* Replacement of essential medical and other equipment in public health facilities.
* Renovation and rehabilitation and expansion of public health infrastructure.
* Support for infection prevention and control, as well as water and sanitation in health facilities.
* Support for Zimbabwe health work force development with special focus on international exposure.

ZimHealth relies significantly on the beneficence of its dedicated core membership and partners old and new with a collective call for action and responsibility to achieve more by providing not only for family and friends but also including other fellow countrywomen and men in Zimbabwe.

The activities of ZimHealth are coordinated by a fully voluntary Executive Committee which is elected yearly at an Annual General Meeting.

# Status of Health and Health Services in Zimbabwe

Hospitals and primary health care facilities owned by government, faith-based organisations and private organisations including insurance providers provide health services in Zimbabwe. The majority of the population is serviced by government, municipalities and faith-based care centres. According to the Zimbabwe National Health Strategy (2016-2020), every district in Zimbabwe has at least 2 doctors, every primary health care centre has at least 2 qualified nurses, 59% of administrative wards are serviced by an Environmental Health Technician and 60% of villages have access to a village health worker.

According to WHO (March 2019 website data) and UNICEF (2018 health budget review), the country has realised improvements in service delivery leading to reduced maternal mortality, reduction in under 5s mortality and HIV incidence. The percentage of pregnant women accessing antenatal care visit increased from 65% in 2009 to 76% in 2015. Maternal mortality ratio declined from 960 in 2010-2011 to 651 per 100 000 live births in 2015. Under-five mortality dropped from 86 deaths in 2010 to 69 deaths per 1000 live births in 2015. Furthermore, the country has entered malaria pre-elimination in Matabeleland South and Midlands.

The progress is however reported to be uneven as the poor and marginalised children and their families remain worse off, necessitating more equitable health care spending by the government. According to Zimbabwe Health and Demographic Survey (ZDHS), (2015), Under-5 mortality rate for the poorest quintile was estimated at 85 per 1000 live births, compared to 58 per 1000 live births for the richest quintile. This upward trend in health inflation acts as a barrier in accessing health care services. The current public spending is inadequate to address the current health challenges facing the nation, including some preventable causes of mortality among children, which can be avoided with adequate funding of the sector. Furthermore, the country is prone to natural and man-made disasters - including frequent disease outbreaks, acute public health emergencies and other health-related humanitarian disasters.

Whilst development partner support remains important for Zimbabwe, sustainability requires greater domestic resource mobilisation, to avoid reliance to declining donor support.

It is against this background that ZimHealth seeks to continue to support health facilities providing maternal health services to contribute to access among the disadvantaged population. The focus for ZimHealth has traditionally been maternal health services and infection control but in 2016, the new ZimHealth Strategy 2016-2020 expanded the focus to include advocacy for support for the public health system in Zimbabwe, water and sanitation and health workforce development. Our work in 2018 was therefore focused on achieving the strategic objectives.

# Key achievements against the strategic plan

In 2018, ZimHealth made considerable progress in the strategic areas of advocacy and communications, and replacement of medical equipment, as summarized below:

## Strategic area: Advocacy, communication and catalysing support for in public health system in Zimbabwe

In 2018, the Publicity and Communication Committee worked hard to improve the backend of the ZimHealth communication system in order to strengthen advocacy and communications activities its continued work of reaching out to our members and subscribers. This included:

* **Improving subscription of the ZimHealth community** by updating the ZimHealth website and Facebook page to automatically and immediately acknowledge signups and store the contact information of new members/subscribers in the ZimHealth mailing list, and
* **Updating the mailing list, and streamlining subscriptions** to distinguish between registered members of ZimHealth who have pledged to pay the annual membership fee, and subscribers who would like to follow news and events in the ZimHealth community

Based on the aforementioned activities, there are currently 60 registered members of ZimHealth, and 368 subscribers. Going forward, the Publicity and Communication Committee will work to attract more members and subscribers, and work to reach a wider audience, and encourage subscribers to register as fee-paying members. The Faceboook page grew slightly to 863 followers, the slow growth may be attributed to the cancellation of the annual fundraising gala which over the past two events has been the main driver for social media growth and reach.

ZimHealth continues to maintain regular communications with the Ministry of Health, city councils and Zimbabwe Association of Church Hospitals (ZACH) and other relevant stakeholders, to update on the status of public health services in the country, identify key needs for support and advocate for key public health interventions. In 2018, the Executive Committee met with the new deputy minister of health Dr Mangwiro and briefed him on activities and strategies for the coming years. He was supportive of our work and shared his on perspectives on how best we could collaborate. His main interest was workforce development.

**Annual Fundraising Events**

The Executive Committee decided to forego the annual fundraising concert, primarily because of a lack of an available and affordable venue in the City of Geneva and also the rather low turnout at the 2017 event. Preparations for the 2019 Fundraising Gala were started almost a year in advance in order to ensure the success of that event.

## Strategic area: Replacement of essential medical and other equipment in public health facilities

Through ZimHealth’s collaboration with ZACH, five health facilities were supported in 2018. These facilities received medical equipment, furniture and appliances (Table 1), at a total cost of over USD50,000.

**Table 1:** Projects supported in 2018

|  |  |  |  |
| --- | --- | --- | --- |
| **Health facility** | **Medical equipment** | **Furniture / linen** | **Appliances** |
| Makonde Christian Hospital | BP machines, incubator, adult scales | wheelchairs, screens, food trolleys | washing machine, fridge freezer industrial iron |
| Kana Mission Hospital | sphygmomanometers, adult digital scales | examination couches; food trolleys; nurses’ desks, waiting benches, tables | washing machine, chest freezer |
| Karanda Mission Hospital | examinations lamps, incubator and phototherapy unit, pulse oximeter, infusion pump, vacuum extractor | delivery beds, bedside steps and stools  pillow, draw sheet, apron, shower curtain | freezer |
| St Patrick’s Mission Hospital | ultra-sound scan machine | Hospital beds, mattresses |  |
| Zhombe Mission Hospital | glucometers, haemoglobimeter, stethoscope, sphygmomanometers | Delivery bed, wheelchairs, bed pans | fridge |

The health facilities were initially set up as mission hospitals run by religious institutions in the country. However, prevailing economic conditions have resulted in limited resources being available to support the facilities. As the facilities are mostly rural, the support provide will hopefully help to ensure that populations in remote areas are able to access decent health services.

## Strategic area: Renovation, rehabilitation and expansion of public health infrastructure

In 2015-2017, ZimHealth supported the expansion of Mabvuku Clinic from a primary health centre that was providing basic health services, to a state-of-the-art polyclinic / district hospital with a maternity theatre and A&E services. The ZimHealth Executive Committee is in communication with the City of Harare and the Ministry of Health and Child Care regarding the official opening. The facilities are however fully functional although facing requisite staff.

## Strategic area: Support for infection prevention and control, water and sanitation in health facilities

In the wake of cholera and typhoid outbreaks in Chegutu, Kadoma, Kwekwe and surrounding areas, ZimHealth was in communication with health facilities in the affected areas in order to identify support required for treatment of patients and infection prevention and control. While no procurements were eventually made as the facilities had already received support from elsewhere, ZimHealth continues to liaise with staff at the facilities regarding potential needs especially for prevention and preparedness.

# Monitoring and evaluation

Monitoring and evaluation of projects remained vital to Zimhealth’s endeavor to remain accountable to both donors and the target population. 2018 saw the operationalization of our evaluations tools. This was a milestone in ensuring Zimhealth maintained unquestionable transparency, accountability and to build capacity to continuously and efficiently assess intended outcomes. This will be consciously pursued in 2019 and information resulting from these efforts will be shared with all stakeholders. This will not only enable Zimhealth to maintain the desired ethical practices but also serve to inform a healthy decision-making process.

Members made visits to conduct physical assessments of some prospective projects and those that had received support. Some projects that were visited and assessed in 2018 are Mpilo General Hospital (Bulawayo City, Mbizo Clinic (Kwekwe), Matedzi Clinic in Mberengwa district (Midlands Province), Makonde Christian Hospital, Makonde, Mashonaland West. Many projects, new and old, still need to be visited and efforts will be made, in earnest, to visit projects in order to evaluate the impact of the support provided.

# Resource mobilization and finance

No new funding requests were realized in 2018, and no fundraiser event was held. Direct contributions from members totalled USD5,905, averaging USD492 per month. This is a slight increase from 2017, where monthly contributions from members averaged USD423.

Income totalled USD23,114, and total expenditure was USD69,838. As of 31 December 2018, ZimHealth held a total balance of USD60,292. The detailed financial report is presented as Annex 1.

# The year ahead

In 2019, Zimhealth will focus on 11 new projects and continue to collaborate with erstwhile partners such as the Zimbabwe Association of Church related Hospitals (ZACH), local and rural authorities of Zimbabwe with the aim of providing quality health services. In the wake of Cyclone Idai disaster in Chimanimani, Zimhealth will seek to raise funds to support those affected and also to build its capacity to respond to emergencies. The list of proposed health projects and areas of focus for 2019 are as follows:

* Zimhealth Project 26: St Annes Brunapeg Mission Hospital, Mangwe District, Matebeleland South Province.
* Zimhealth Project 30 Esigodini Government District Hospital, Umzingwane District, Matebeleland South Province.
* Zimhealth Project 31: Rutsanana Polyclinic, Harare City Health Department, Glen Norah, Western South Western District, Harare Province.
* Zimhealth Project 32: Mufakose Polyclinic, Harare City Health Department, Mufakose, Western South Western District, Harare Province
* Zimhealth Project 33: Glen Norah Satellite Clinic, Harare City Health Department, South Western District, Harare Province.
* Zimhealth Project 34: Mabvazuwa Clinic, Rusape Town Council, Rusape, Makoni District, Manicaland Province
* Zimhealth Project 35: Mt Selinda Mission Hospital, Chipinge, Manicaland
* Zimhealth Project 36: Matedzi Clinic, Nyamondo, Mberengwa
* Zimhealth Project 37: Zororo Tariro Hostel, Cancer Association, Harare
* Zimhealth Project 38: Wanezi Rural Health Centre, Mberengwa
* Zimhealth Project 39: Binga Rural District Council Hospital, Binga.
* Cyclone Idai Emergency Response, Chimanimani, Manicaland

# Acknowledgements

ZimHealth acknowledges the contributions of the following in 2018

* Individual members for financial and in-kind support
* Oliver Mutukudzi and the Black Spirits
* Albert Nyathi
* Daniel Low-Beer
* Oak Foundation
* Gilles Coulougnon
* Tavengwa Sipapate

# Annex 1: 2018 Financial Report

Zimbabwe Network for Health (ZimHealth) Europe

**Treasurer’s Annual Report: 2018**

This report summarizes the financial activities of the Zimbabwe Network for Health (ZimHealth) Europe for the period 1 January 2018 – 31 December 2018.

# Overview

Since its inception in 2008, ZimHealth has maintained two bank accounts, in Swiss Francs (CHF) and United States Dollars (USD), as well as a PayPal account. In 2017, ZimHealth established a partnership with the Daniel Low-Beer Foundation and Albert Nyathi on their 10 Conversations[[1]](#footnote-1) initiative, which seeks to promote health through music and poetry. To facilitate tracking of funds linked to this partnership, ZimHealth has since opened a third USD account, through which incomes and expenditures related to the work on health promotion are administered. As of 31 December 2018, ZimHealth held a total balance of USD60,292 (Table 1).

**Table 1:** ZimHealth account balances as of 31 December 2018

|  |  |  |  |
| --- | --- | --- | --- |
|  | **CHF** | **USD** | **Total (USD)** |
| ZimHealth CHF account | 51,266 | - | 51,421\* |
| ZimHealth USD account | - | 3,599 | 3,599 |
| ZimHealth PayPal account | - | 2,715 | 2,715 |
| Health Conversations USD account | - | 2,557 | 2,557 |
| **Total balances** | 51,266 | 8,871 | **60,292** |

\*Based on USD to CHF rate of 1:0.997, as of 1 April 2019

Incomes received in 2018 were CHF4,894 (equivalent to USD4,908) and USD 17,968 in the bank ZimHealth accounts, and USD237 in the PayPal account. The gross income across the three accounts was USD23,114. Expenditures amounted to CHF10,237 (USD10,268) and USD59,493 in the two ZimHealth accounts. The total expenditure for all three accounts amounted to USD 69,838.

# Income

As there were no funding proposals submitted or fundraising events in 2018, the total income USD17,968 income was much lower compared to 2017, where incomes totalled USD98,236.

**Table 2:** ZimHealth income sources, 20181

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Income source** | **USD** | **CHF** | **Total USD**1 | **Proportion of total income** |
| Project donations | 1,494 | - | 1,494 | 6% |
| Account transfers  (Health Conversations) | 9,988 | - | 9,988 | 43% |
| Membership contributions | 1,694 | 4,199 | 5,905 | 26% |
| Miscellaneous contributions, including PayPal | 237 | 420 | 658 | 3% |
| Reimbursements | 4,793 | - | 4,793 | 21% |
| Returned payments\* |  | 275 | 276 | 1% |
| **Total** | **17,968** | **4,894** | **23,114** | **100%** |

1Total income, combining USD and CHF, at rate of 1:0.997, as of April 2019

\*Payments returned due to banking restrictions; subsequently debited after follow up

Membership contributions totalled USD5,905, averaging USD492 per month. This is a slight increase from 2017, where monthly contributions from members averaged USD423.

# Expenditure

Expenditure in 2018 totalled USD69,838. The bulk of expenditure (78 %) related to project financing, where over USD50,000 was spent towards purchase of equipment for Makonde Clinic, Kana, Karanda, St Patrick’s and Zhombe Mission Hospitals.

**Table 3:** ZimHealth expenditure, 2018

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Expenditure** | **USD** | **CHF** | **Total USD**1 | **Proportion of total expenditure** |
| Project support | 49,143 | 5,443 | 54,603 | 78% |
| Fundraising costs |  | 2,836 | 2,844 | 16% |
| Account transfers | 10,099 | 1,261 | 11,364 | 4% |
| Administrative costs |  | 567 | 568 | 1% |
| Bank charges | 251 | 131 | 459 | 1% |
| **Total** | **59,493** | **10,237** | **69,838** | **100%** |

1Total expenditure, combining USD and CHF, at rate of 1:0.997, as of April 2019

Overhead and administration expenses remained minimal (1% of total expenditure) with no office space expenses, a volunteer Secretariat and low miscellaneous expenses such as hosting of the web domain, and financial audit fees.

**Table 4:** Summary of ZimHealth accounts for the period 1 January to 31 December 2018.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  |  | **Income** | **Expenditure** |  |  |
| **ZimHealth CHF** | Project support1 |  | 5,444 | ***Opening balance*** | ***56,560*** |
|  | Account transfer to Health Conversations |  | 1,261 |  |  |
|  | Member subscriptions | 4,249 |  |  |  |
|  | 2017 fundraiser event2 |  | 2,836 |  |  |
|  | Returned payments\* | 275 |  |  |  |
|  | Once-off donations | 420 |  |  |  |
|  | Admin costs3 |  | 567 |  |  |
|  | Bank charges |  | 131 |  |  |
|  |  | *4,894* | *10,237* | ***Closing balance*** | ***51,266*** |
| **ZimHealth USD** | Project support4 | 1,494 | 49,143 | ***Opening balance*** | ***45,124*** |
|  | Account transfer for Health Conversations | 9,988 | 10,099 |  |  |
|  | Member subscriptions | 1,694 |  |  |  |
|  | Reimbursements5 | 4,793 |  |  |  |
|  | Bank charges |  | 251 |  |  |
|  |  | *17,968* | *59,493* | ***Closing balance*** | ***3,599*** |
| **Health Conversations USD** | Bank charges | - | 77 | ***Opening balance*** | ***2,634*** |
|  |  | - | 77 | ***Closing balance*** | ***2,577*** |
| **PayPal USD** | Contributions | 237 | - | ***Opening balance*** | ***2,478*** |
|  |  | 237 | - | ***Closing balance*** | ***2,715*** |
| **Total (USD)6** |  | **23,164** | **69,761** |  |  |

1 Promotional materials for Mabvuku Clinic official opening; duty fees for equipment for ZACH clinics; shortfall on payment for ZACH equipment

2 Reimbursements to Liz & Shiva for venue hire, daily allowance for band members, and groceries

3 Layout of 2017 annual report, ZimHealth web domain, rental of 2018 AGM venue, audit fees

4 Equipment for Zhombe, Karanda, St Patrick's, Makonde and Kana mission clinics, transfer to Health Conversations acc

5 Return of funds erroneously paid out to advance costs of Health Converations work

6 USD: CHF rate of 1:0.997, as of April 2019

**Table 5:** summarizes assets held by ZimHealth, as of 31 December 2018.

|  |  |  |
| --- | --- | --- |
| **ZimHealth Assets 2018** | | |
| **Type** | **Quantity** | **Value (CHF)** |
| Chaffing dishes | 15 @ CHF70 each | 1,050.00 |
| Sculptures | 25 @ CHF25 each | 625 |
| Carpet | 20 meters | 314 |
| Miscellaneous  (Unsold artefacts and drinks etc.) |  | 906 |
| **Total Assets** |  | **2,995** |

# Annex 2: ZimHealth Executive Committee, 2018

**Chairperson**: Ngonidzashe Hove

**Secretary-General**: Rutendo Kuwana

**Treasurer**: Batsirai Majuru

**Executive Committee** Bongani Ncube-Zikhali (Publicity and Membership)

Ian Menzies (Vice Treasurer)

Jenifer Mutano (Vice Secretary General)

Louise Daniels

Chiedza Nyebera Pfister

Vonai Muyambo

Luther Gwaza

**Contact Us**

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1. See: <http://10conversations.net/> [↑](#footnote-ref-1)